

Shin-gi-tai Karate Club

Newsletter 1 (March 2004)



<p>Welcome.. To our first full newsletter in which we will bring you details of the clubs activities, courses and competitions that you may wish to enter and general information to help you in the development of karate. If you would like to contribute some useful or interesting information to our newsletter, please discuss it with your instructor who will agree a suitable publication date for any relevant information. We would welcome brief articles from students or parents who feel that Karate has positively affected their lives or who wish to present an opinion regarding the martial arts.</p>	<p>examinations. Levybourne: Held at the village hall from 5pm to 6pm on Thursday evenings and open to children from the age of 7 upwards.</p>	<p>Student Achievements: At the Grove Green Karate Club grading on 26th March 2004, two members of the Looses dojo took their first examination under the Shotokan system. Both students have studied Goju-ryu for some time and had to adjust to a more linear style of technique. Daniel Cleaver obtained his 8th kyu and Rikesh Parmar his 9th kyu certification. <i>Congratulations to both students for a determined effort on the day.</i></p>												
<p>Our Clubs: We currently have three dojos in the shin-gi-tai karate club and students are welcome to train at any of them, subject to holding valid insurance and meeting the age group limitations. Our dojos are open at the following venues; Grove Green: Tuesdays at 8pm to 9pm. We teach a self defence form of karate and the lessons are only open to students of 16 years of age or above. Loose: Held at the Zeroth Active Zone, this club is open to any juniors registering with the Zone. It is optional to join the karate club but only karate club members who are insured are allowed to take</p>	<p>Other Clubs: Additional lessons are available at Grove Green Community centre on Monday and Friday evenings. This is not a member dojo of our club but as our chief instructor teaches there students are welcome to take part. Junior students below 6 kyu start at 6:30pm, higher grade juniors at 7:00pm and adults at 8:00pm.</p> <div data-bbox="651 1178 898 1541" data-label="Image"> </div> <p>Our Chief Instructor: Besides setting up clubs, teaching and helping with other events he has applied for CRB checks and started a study course on 'Certificate in Life Coaching' which should help understand motivational theory and student development.</p>	<p>Grading Dates: The following dates have been set aside for grading examinations at the dojos;</p> <table border="1"> <thead> <tr> <th>Dojo</th> <th>Dates</th> <th>Time</th> </tr> </thead> <tbody> <tr> <td>Grove Green</td> <td>27/4, 29/6, 31/8, 26/10</td> <td>8:00pm</td> </tr> <tr> <td>Leybourne</td> <td>27/5, 29/7 30/9, 25/11</td> <td>5:00pm</td> </tr> <tr> <td>Loose</td> <td colspan="2">Dates to be advised</td> </tr> </tbody> </table>	Dojo	Dates	Time	Grove Green	27/4, 29/6, 31/8, 26/10	8:00pm	Leybourne	27/5, 29/7 30/9, 25/11	5:00pm	Loose	Dates to be advised	
Dojo	Dates	Time												
Grove Green	27/4, 29/6, 31/8, 26/10	8:00pm												
Leybourne	27/5, 29/7 30/9, 25/11	5:00pm												
Loose	Dates to be advised													

Shin-gi-tai Karate Club

Newsletter 1 (March 2004)



Competitions.



There are always plenty of competitions being organised, some for financial gain, some for fun and some for status. If any student is interested in taking part in completions, they should speak with their instructor to ensure that appropriate training in the techniques and etiquette and provided.

During the summer, charity events and school fayres are a useful source of public appearance experience. We do at times get called upon to present at these functions so interested students should let their instructor know.

Competition covers a number of areas, such as, Kata, Kumite and team events. Some of the competitions we would suggest you consider are;

Local Dojo:

If enough interest is indicated from any of our dojos, a local club competition will be set up. The content of events will depend on the grades of those attending. Winners of the individual sections will receive a trophy.

Grove Green Karate Club:

This is an annual event and all insured shin-gi-tai members may take part in it. Date will be notified.

Shobu-Ippon:

This is a well supported inter association competition that takes place in Ditton each year. Details of the event and booking forms can be downloaded from our website at www.mmaconsultancy.com/Karate.

There are many other opportunities around for those wishing to follow the sports aspects of Shotokan Karate so please discuss your interests with your instructor.

Karate Equipment.

We are wholesalers for the Blitz range of martial arts products and sell well below RRP, so if you need any suits or training equipment, it may be worthwhile checking our prices. Please note that martial arts weapons will only be sold to an adult. We do hold a substantial stock but if you require something for a birthday or Christmas present, please give us at least a weeks notice in case we are out of stock.

Thank You!

We appreciate your support of our clubs and trust that you are happy with our training and assessment system. Should you have any concerns about our processes or actions please do raise this with your instructor.

If you would prefer a private discussion please telephone us on 01622 736990 to arrange this.

